

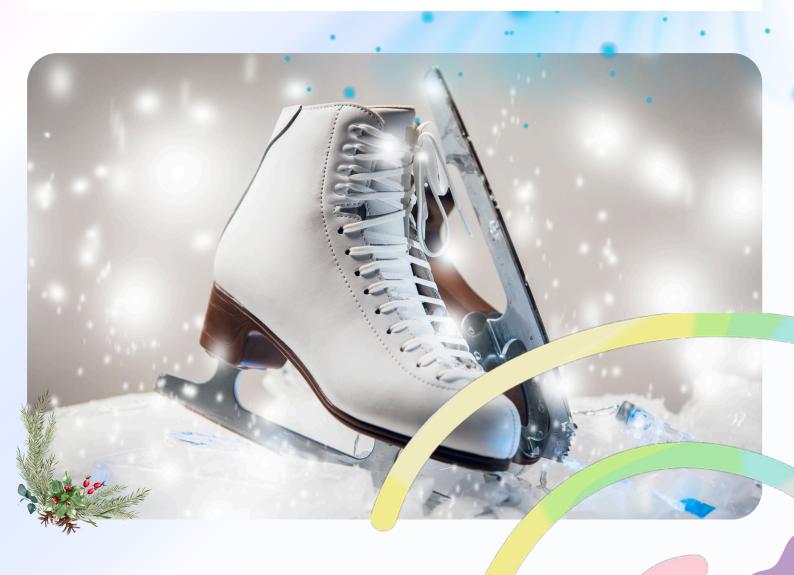
Table of contents

FAST Courses for Youth	3
FAST Courses for Teens & Adults	. 5



Our FAST courses for youth are intended for participants up to 12 years old.

Our FAST courses for teens & adults are designed for participants aged 13 and over.



FAST COURSES FOR YOUTH

lce fun during the Christmas holidays for children up to 12 years old, we end each course day with a delicious chocolate moment





Christmas course dates:

I: Monday, December 22, 2005, Tuesday, December 23, 2025, Wednesday, December 24, 2025.

II: Monday, December 29, 2025, Tuesday, December 30, 2025, Friday, January 2, 2026.

Additional information:

You can also participate on individual days!!!!!!

- The courses are given on public ice, in small groups
- Participants must purchase ice rink entrance tickets for the days themselves





Youth FAST Courses

We're thrilled you're interested in our FAST courses during the Christmas holidays. Whether you'd simply like to get acquainted with the beauty of figure skating or want to quickly learn additional skills, join us!



The cost is €40 for a 3-day crash course. This excludes admission to the ice rink and any skate rentals.

Individual FAST course days are €16 per day.





Many members are skating at KSV Haarlem this winter for fantastic, fun figure skating lessons. The accelerated course is an extension of these lessons, but more intensive, with multiple sessions per week to help you progress even faster. The groups are also very small for optimal progress.

Ideal for members who already have figure skating lessons but want to take it a step further or for newcomers who want to get acquainted with figure skating.

FAST Courses for Teens & Adults

Ice fun during the Christmas holidays from 13 years old, we end each course day with a delicious chocolate moment



Christmas course dates:

I: Monday, December 22, 2005, Tuesday, December 23, 2025, Wednesday, December 24, 2025.

II: Monday, December 29, 2025, Tuesday, December 30, 2025, Friday, January 2, 2026.

Additional information:

You can also participate on individual days!!!!!!

- The courses are given on public ice, in small groups
- Participants must purchase an entrance ticket for the days themselves



FAST Courses Teens & Adults (regular)

We're thrilled you're interested in our FAST courses during spring break. Whether you'd simply like to experience the wonders of figure skating or learn additional skills, join us!



The cost is €45 for the 3-day FAST course. This does not include admission to the ice rink or any skate rentals.

Individual FAST course days are €17.50 per day.

What does the FAST course for figure skating for teens and adults entail?



Many members are skating at KSV Haarlem this winter for fantastic, fun figure skating lessons. The accelerated course is an extension of these lessons, but more intensive, with multiple sessions per week to help you progress even faster. The groups are also very small for optimal progress.

Ideal for members who already have figure skating lessons but want to take it a step further or for newcomers who want to get acquainted with figure skating.



from Haarlem with love!

